



Food Grade Diatomaceous Earth and It's Many Uses



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Testimonial = Free Product

E-mail us a testimonial with what Nature's Wisdom Diatomaceous Earth has done for you, and if we use your letter, we will send you a FREE 3 Pound Jar Delivered to your door as our way of saying Thanks.

info@HowToUseDiatomaceousEarth.com

Items to include in your testimonial:

- Why you bought the product?
- What specific problems you were having?
- How has the product helped?
- How did you take or apply the product?
- Who is using the product, you, your pets, insect control, or anybody else?
- Anything else you would like to add? Before and after pictures?
- Do a video testimonial with your smart phone and send it to us.



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Alzheimer's

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Silica can help avoiding or alleviating Alzheimer's disease by preventing the body from absorbing aluminum and may flush out aluminum from the tissues. Silica can stimulate the immune system

Article:

[Silica in drinking water prevents Alzheimer's](#)



Anti-Inflammatory

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Silica has been shown to have anti-inflammatory properties



Arteriosclerosis

Customer Review:

"just thought I'd chime in since u guys seem so unsure of this stuff. I've been taking a tablespoon every day for 6 months, and vie had nothing but good results. for maybe the first 2-3 days of taking it my body was going thru a heavy detox and i got some mild flu/cold like symptoms.. but vie been great ever since. some other benefits to note from food grade de are lowered cholesterol. lower blood pressure. break up of plaque build up in arteries. it removes parasites from your body (which parasites are in some's opinions directly linked to cancer) removes heavy metal build up (if you've ever been vaccinated u definitely have mercury, fluoride is in our drinking water, we get aluminum from canned sodas etc...) i use it also mixed with my toothpaste (i mix baking soda, peroxide, DE, and tom's natural toothpaste, don't get anything with fluoride in it). i also mix de with small amounts of water and use it as a face mask to cleanse my face.... anyway, since vie been taking it, my blood pressure when i started was around 140/90. now I'm down to an average of 115-75.. sometimes dropping as low as 105/65. I'm off the cholesterol meds that i was taking because the de is doing the work now. i feel healthier than vie felt in years. i also ordered the 50lb bag off of eBay, it was only 55 dollars total i believe, which is a great price for the stuff. vie got my family all taking it, including my wife who is nursing our under year old son. just started my aunt on it because she's having problems with diabetes and DE is supposed to help support the body function how it's intended. My dad has been on it for 3 months and his last physical at his doctor visit he said it was the best physical he ever had in his whole life. his blood pressure was 100/60. cholesterol and blood sugar were dead center in the perfect range.

proper levels of silica in the body do wonders, and the diatoms in diatomaceous earth are what do the extra magic. they spring alive in the body and trap parasites, heavy metals, bad bacteria, etc... trace amounts go into your blood stream and break up plaque build up safely.

don't want to seem like I'm trying to market the stuff here, just stating what vie read as vie researched it a lot and had great personal success with it

be sure to order 'Fossil Shell Flour (Food Grade)'... the fossil shell flour is the safe one. the rest can cause harm (such as chemical treated de aka pool filter).

edit: ah yes i forgot to mention that DE will cleanse your intestinal lining, making your food absorption much better. so if u are taking DE you would benefit greatly from taking some sort of daily multivitamin, and especially from eating fresh organic foods... on a side note, if you can find local extra virgin olive oil, this stuff is a great boost for one's health. the imported stuff has lost most if not all nutritional value. you have to find a local grower and manufacturer."

-Post Edited (sidewing) : 9/25/2010 8:10:42 PM

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Arthritis

[Testimony of Charlene Rowley](#) about the positive effects using diatomaceous earth for arthritis.

[Loic Le Ribault's Resistance](#) by Martin J Walker



Bloating and Flatulence

Bloating can generally be taken care of through a good detox program which DE is known for. It can also a symptom of a parasitic visitor in your body. As Diatomaceous Earth moves through the stomach and digestive tract, it attracts and absorbs bacteria, fungi, protozoa, viruses, endotoxins, pesticide and drug residues, E-Coli, and heavy metals. These toxins are trapped and passed out of the body. In addition, any larger parasites that happen to be in the stomach of digestive tract are “cut up” and killed by the sharp edges of the DE. All of these activities result in a much healthier body with less sickness. We often hear the phrase “I just feel better” with our DE users. This better feeling comes from all the junk being removed from the body and by giving our immune system the “jump start” it needs.

This all results in a healthier Colon. This is especially important as we get older. A clean healthy colon keeps away polyps, cancers, and ulcers. Today, many are spending thousands of dollars for colon cleaning procedures and products, to do the same thing that DE does. Many users report increased energy and needing less sleep. This is a result of all the food and nutrients that are taken in being better absorbed into the blood stream. With a coated colon—many nutrients never get absorbed.

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Blood Sugar Regulation

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Blood Pressure Control

Some say “There is no life without Silica”. “Silica is the most important trace mineral for human health!” Silica plays an important role in many body functions and has a direct relationship to mineral absorption. The average human body holds approximately seven grams of silica, a quantity far exceeding the figures for other important minerals such as iron.

The benefits of silica are many. In today’s grains, there is actually a shortage of silica. Years ago, the silica found in our foodstuffs was adequate, but with today’s hybrids and depleted soils, only about 1/3 of the silica needed is supplied in our food. DE is a simple and inexpensive way to get the silica your body needs.

A small amount of Diatomaceous Earth gets absorbed into the blood stream as silica. One of the benefits of Silica is that it helps to destroy bad fats. Everyone that we know that is taking DE has lowered their cholesterol by 40-50 points. Everyone is also amazed at how their high blood pressure goes down.

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Bone Strength

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Silica is the absolute most important nutrient for bone strength. Silica not only aids with calcium absorption, but it is also essential for the collagen matrix that gives the bones the majority of their strength. In addition the piezoelectric effect of silica is what allows mineralization of the collagen matrix. In other words, without sufficient silica all of the calcium, magnesium, phosphorus..... will not do anything for the bones. Silica can help prevent visual problems from aging due to loss of flexibility of the lens of the eye. It is great for tendonitis and other similar problems due to the strengthening and anti-inflammatory properties of silica. Silica also links together glucosamine molecules to form chondroitin molecules for the production of cartilage. these are a few of the beneficial properties of silica.



Bronchitis

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Silica supplementation helps repair and maintain vital lung tissues and protects them from pollution. By maintaining or restoring the elasticity of lung tissues, silica reduces inflammation in bronchitis. It acts as a cough decreasing agent. Silica tones the upper respiratory tract (nose, pharynx, larynx) and reduces swelling because of its positive action on the lymphatic system.



Candida and Diatomaceous Earth

The yeast infection known as Candida is difficult to clear out of your system; it can take months, even years. According to the Candida Yeast Infection Relief website, freshwater diatomaceous earth may be helpful because it pulls apart and destroys the Candida organisms that it comes in contact with in your gastrointestinal system and helps absorb and safely eliminate the toxins caused by Candida.

“Hi All,

I have started another adventure to regain balance in my intestines and work on eliminating rosacea. I have been on the anti-candida diet for three weeks coupled with food grade diatomaceous earth (DE) (an important part), anti fungal (rotating GSE, Olive Leaf Extract, Garlic, and pau d’arco), milk thistle, probiotics, digestive enzymes, aloe juice and apple cider vinegar.

The first week I noticed good results especially with the help of DE which is know to fight candida and eliminate intestinal parasites. The second week I had bad die off symptoms (sluggish, poor digestion, gas, bloating, swollen glands). During this period i seemed to have stall on improvement in my skin.

I also was having a lot of trouble digesting and realized i needed more living bacteria inside of me and am now increasing probiotics and have two tablespoons of apple cider vinegar in a glass of water before and during each meal. This has majorly improved my digestion and in turn my skin is starting to show slight improvement again. Just wanted to let people know about this approach that is slowly working for me, and see if there is anyone with any advice who has gone down a similar path. I will keep you all updated.

However, I encourage people to look into DE as it is also supposed to be helpful in eliminating mites. I make a paste with it and apply a mask on my face every three days, than follow with Olive or Jojoba Oil to moisturize. It seems like if mites are a big problem with rosacea this treatment can’t hurt. I also drink a big heaping tablespoon of it in a glass of water before bed... and have noticed a clear string like fungus attached to my stools in the morning (I am thinking this is the candida as i had never seen it before). Curious if anyone else has used this stuff. Definitely look into it!

Thanks for everyone’s help and determination!”

-by Julie on Wed Sep 23, 2009

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Cholesterol Control

Some say “There is no life without Silica”. “Silica is the most important trace mineral for human health!” Silica plays an important role in many body functions and has a direct relationship to mineral absorption. The average human body holds approximately seven grams of silica, a quantity far exceeding the figures for other important minerals such as iron.

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Eur J Med Res. 1998 Apr 8;3(4):211-5.



Diatomaceous Earth lowers blood cholesterol concentrations.

Wachter H, Lechleitner M, Artner-Dworzak E, Hausen A, Jarosch E, Widner B, Patsch J, Pfeiffer K, Fuchs D.
Institute of Medical Chemistry and Biochemistry, University of Innsbruck, Fritz Pregl Strasse 3, Innsbruck, A-6020, Austria.

Abstract

In this study a potential influence of diatomaceous earth to lower blood cholesterol was investigated. During 12 weeks we monitored serum lipid concentrations in 19 healthy individuals with a history of moderate hypercholesterinemia (9 females, 10 males, aged 35 – 67 years). Individuals administered orally 250 mg diatomaceous earth three-times daily during an 8 weeks observation period. Serum concentrations of cholesterol, high-density lipoprotein cholesterol, low-density lipoprotein cholesterol and triglycerides levels were measured before study entry, every second week during the period of diatomaceous earth intake and 4 weeks after stop of intake.

Compared to baseline (285.8 +/- 37.5 mg/dl = 7.40 +/- 0.97 mM) diatomaceous earth intake was associated with a significant reduction of serum cholesterol at any time point, reaching a minimum on week 6 (248.1 mg/dl = 6.43 mM, -13.2% from baseline; $p < 0.001$). Also low-density lipoprotein cholesterol (week 4: $p < 0.05$) and triglycerides levels decreased (week 2: $p < 0.05$, week 4: $p < 0.01$). Four weeks after intake of diatomaceous earth was stopped, serum cholesterol, low-density lipoprotein cholesterol and triglycerides still remained low and also the increase of high-density lipoprotein cholesterol became significant ($p < 0.05$). Diatomaceous earth, a bio product, is capable of reducing blood cholesterol and positively influencing lipid metabolism in humans. Placebo-controlled studies will be necessary to confirm our findings.

PMID: 9533930 [PubMed - indexed for MEDLINE]



Chronic Fatigue

As Diatomaceous Earth moves through the stomach and digestive tract, it attracts and absorbs bacteria, fungi, protozoa, viruses, endotoxins, pesticide and drug residues, E-Coli, and heavy metals. These toxins are trapped and passed out of the body. In addition, any larger parasites that happen to be in the stomach of digestive tract are “cut up” and killed by the sharp edges of the DE. All of these activities result in a much healthier body with less sickness. We often hear the phrase “I just feel better” with our DE users. This better feeling comes from all the junk being removed from the body and by giving our immune system the “jump start” it needs.

This all results in a healthier Colon. This is especially important as we get older. A clean healthy colon keeps away polyps, cancers, and ulcers. Today, many are spending thousands of dollars for colon cleaning procedures and products, to do the same thing that DE does. Many users report increased energy and needing less sleep. This is a result of all the food and nutrients that are taken in being better absorbed into the blood stream. With a coated colon—many nutrients never get absorbed.

Chronic Fatigue is also a major symptom of a parasitic visitor in your body, which diatomaceous earth can eliminate.



Collagen Generation

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Proper amounts of silica contribute to healthier skin. Overseas, DE is used extensively as a health and beauty product for hair, skin, nails, bones, and joints. Tissue degeneration accelerates due to aging when connective tissue develops an increasing inability to retain moisture when left unassisted. Silica can help slow the degenerative process of connective tissue. With silica, vitality and life, which are often lost as the years accumulate, can be naturally maintained or even restored to your skin. Collagen, largely made up of silica, is the glue that holds us together. If our body has enough silica, the collagen will make us look younger. Silica helps with skin problems and injuries including itching, rashes, abscesses, boils, acne, calluses, warts, eczemas, burns, frostbite, benign skin sores, insect bites and bed sores. If you regularly follow a silica regimen, your skin will keep its young look.

Tissue degeneration accelerates due to aging when connective tissue develops an increasing inability to retain moisture when left unassisted. Silica can help slow the degenerative process of connective tissue. With silica, vitality and life, which are often lost as the years accumulate, can be naturally maintained or even restored to your skin. Collagen, largely made up of silica, is the glue that holds us together. If our body has enough silica glycosaminoglycan, the collagen will make us look younger. Silica helps with skin problems and injuries including itching, rashes, abscesses, boils, acne, callouses, warts, eczemas, burns, frostbite, benign skin sores, insect bites and bed sores.

If you regularly follow a silica regimen, your skin will keep its young look. A good silica supplementation program works far better than other products for maintaining healthier and longer lasting collagen. [Back To Top](#)



Colon Cleanser

For years, experts in autopsy have found that nearly 70% of colons examined contained foreign matter including worms. Intestinal walls are encrusted with old, hardened plating similar to the dental plaque constantly forming on gums and teeth. These experts relate how the insidious “building of this hardened waste matter resembles the inside of a filthy stove-pipe.” Prof. Arnold Ehret

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Diatomaceous Earth is very hard. On the hardness scale where diamonds are a 9, DE is a 7. This is very important, because as those millions of tiny hard and sharp DE cylinders pass through the small and large intestines, they “scrub” the walls. After only a few months of taking DE, the intestine wall is no longer coated with mucus and molds but CLEAN!!

The advantages of this are:

1. Regular bowel movements (This is the #1 comment everyone makes about DE)
2. Healthier Colon. This is especially important as we get older. A clean healthy colon keeps away polyps, cancers, and ulcers. Today, many are spending thousands of dollars for colon cleaning procedures and products, to do the same thing that DE does. Many users report increased energy and needing less sleep. This is a result of all the food and nutrients that are taken in being better absorbed into the blood stream. With a coated colon—many nutrients never get absorbed.

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Detox & Cleansing

Food grade diatomaceous earth has been reported in scientific literature to absorb methyl mercury, e-coli, endotoxins, viruses (including poliovirus), organophosphate pesticide residues, drug residues, and protein, perhaps even the proteinaceous toxins produced by some intestinal infections. Food grade diatomaceous earth detoxes the body.

There are some features about food grade diatomaceous earth that correspond with its ability as both a digestive aid and a colon cleanser. The honeycomb skeletal form of diatomaceous earth is found, under microscopic evaluation to reveal a tendency to become filled and clogged with hard debris such as intestinal scale. Food grade diatomaceous earth has not been found to cause any insult to the mucosa or barrier wall.

Diatomaceous earth has a negative charge and bacteria has a positive charge, wherein it is believed by some that food grade diatomaceous earth sweeps bacteria out of the body by trapping it in its honeycomb shaped skeletal form.

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When you start detoxifying you may get a reaction from the die-off of parasites, microbes, etc.. you must remember two things: (1) drink lots of water to flush the body, and (2) always start out slowly with low doses of food-grade DE. Start with 1 level tsp. in 8 oz. water before breakfast. Then take another 1 tsp. in water before going to bed. Warm distilled water is best, but any water will work. Gradually increase your dosage of food-grade DE up to 3 level T. per day. I sometimes forget in the morning and may add it in my oatmeal or juice later. Anyway, I try to consume 3 T. per day one way or another. Try to do this for 4 months. After this I recommend 1 level tsp. in your favorite drink at least once a day as maintenance.

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Diabetes and Pancreas

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Silica can help diabetes by promoting synthesis of elastase inhibitor by the pancreas.



Digestive Aid

As Diatomaceous Earth moves through the stomach and digestive tract, it attracts and absorbs bacteria, fungi, protozoa, viruses, endotoxins, pesticide and drug residues, E-Coli, and heavy metals. These toxins are trapped and passed out of the body. In addition, any larger parasites that happen to be in the stomach of digestive tract are “cut up” and killed by the sharp edges of the DE. All of these activities result in a much healthier body with less sickness. We often hear the phrase “I just feel better” with our DE users. This better feeling comes from all the junk being removed from the body and by giving our immune system the “jump start” it needs.

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Diuretic

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Silica can help prevent kidney stones and heal infections of the urinary tract. It is a natural diuretic which can increase excretion of urine by 30 percent, thus flushing the water-excreting system and restoring normal function to these vital organs.



Emphysema

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The silica from diatomaceous earth provides numerous benefits. Most of these benefits come from its role in collagen and elastin formation. Collagen is a protein that gives tissues strength, while elastin gives tissues elasticity. This is why it helps with wrinkles and strengthening the nails. By increasing collagen it gives these tissues strength, and the elastin restores the elasticity that is lost in the skin leading to wrinkles. It also helps with varicose veins and aneurysms for the same reason. Varicose veins and aneurysms result from a loss of collagen and elastin in the veins and arteries causing these blood vessels to balloon out. Along the same line silica helps to prevent arteriosclerosis by both strengthening arteries to prevent damage, and because of silica's anti-inflammatory properties. Emphysema results from a loss of elastin in the alveoli, and so is also helped by silica supplementation.

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Hair/Nail Growth and Health

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Hair:

Hair at 90 micrograms per gram is almost as rich in silica as are healthy bones, which contain 100 micrograms per gram. Silica is a major component of hair. Using a good silica supplement (such as DE) should be part of your ongoing hair care program for revitalizing hair. Silica helps to prevent baldness, stimulates healthier hair growth and assures beautiful shine, luster and strength.

Nails:

Your nails are made of protein that grow four to five millimeters per month on average. With silica supplementation, fragile nails become normal within a short period of time. Silica will beautify the appearance of your nails and improve their hardness, making them shinier and less prone to breaking.



Heavy Metal Detoxifier

Article:

[Mad as a Hatter, How to Avoid Toxic Metals and Clear Them from the Body](#) *By*
Kaayla T. Daniel, PhD, CCN and Galen D. Knight, PhD



Hypoglycemia



Irritable Bowel Syndrome

Letter Re: Another Use for Diatomaceous Earth: Curing Bowel Infestations

Jim:

Food grade diatomaceous earth (DE)—not the swimming pool grade—will flush your system of parasites. In addition, the scientific literature states DE is shown to remove methyl mercury, virus and more. I “accidentally” cured myself of irritable bowel syndrome (IBS) while using it, just in case I had worms. I had been feeding it to my cattle (works great!) and decided to take some myself. No more IBS? I am no doctor; however, the first thing I would do for ulcers/IBS/Crohns/divertic ailments, would be to dose myself with DE, as I now suspect that microscopic uglies are involved in all bowel disorders due to my results. “Dirt” cheap in large bags from Internet vendors. As its name suggests—microscopic diatom fossils cut the worms and their eggs to shreds, or make eggs unable to attach to walls of intestines (will not hurt earthworms). DE is also great around house for bugs and will kill fire ants—just scoop out and mix it in the ant mound.

Mix in water as spray for fruit trees.

Use on pets for lice/fleas/mites—put in pet food—1 tablespoon for seven days for dogs under 35 pounds—2 for dogs over to kill internal parasites. An Internet search will show all about it.

Humans: Mix 1 heaping tablespoon per day in water or juice—can take more and more often depending upon ailment.

I think everyone should be on this as an assist during viral outbreaks, [since it is] harmless to humans and animals.

Thanks, – Martin P.



Joint/Tendon Health

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Proper amounts of silica contribute to healthier skin. Overseas, DE is used extensively as a health and beauty product for hair, skin, nails, bones, and joints. Tissue degeneration accelerates due to aging when connective tissue develops an increasing inability to retain moisture when left unassisted. Silica can help slow the degenerative process of connective tissue. With silica, vitality and life, which are often lost as the years accumulate, can be naturally maintained or even restored to your skin. Collagen, largely made up of silica, is the glue that holds us together. If our body has enough silica, the collagen will make us look younger. Silica helps with skin problems and injuries including itching, rashes, abscesses, boils, acne, calluses, warts, eczemas, burns, frostbite, benign skin sores, insect bites and bed sores. If you regularly follow a silica regimen, your skin will keep its young look.

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Osteoporosis

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Silica can help sore joints feel better. Osteoporosis is a symptom of the aging process. As calcium in our body system depletes, our bones become brittle and weak. Taking only a calcium supplement can not correct or stop this threatening and crippling disease because the body cannot assimilate and make use of the calcium without the presence of silica. Evidence suggests that, instead of affecting healing, supplemental mineral calcium, on the contrary, accelerates the leaching away of bone calcium and thus hastens the degenerative process of osteoporosis and similar diseases that affect the supportive and connective tissues in the human body. For osteoporosis, silica can stop the pain and even restore the bodies' self repair process. Silica is responsible for the depositing of minerals into the bones, especially calcium. It speeds up the healing of fractures and also reduces scarring at the site of a fracture. Even when calcium is insufficient, the body can turn silica into calcium that the bones need.

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Pregnancy

Use Food Grade Diatomaceous Earth During Pregnancy! When food grade diatomaceous earth is fed in adequate daily amounts, it eliminates all intestinal worms and parasites. This helps the human or animal better absorb the nutrients from the food they eat, which in turn benefits the being, but also greatly benefits the unborn infant or animals by passing on these nutrients to them helping to make them stronger and healthier as well.

For human use, it is best to start at a small dose – 1/2 teaspoon for the first few days while making sure to drink plenty of clean fresh pure water (not city tap water) and slowly increasing the dose as your body tells you it is okay to do so and to make sure you don't have a heavy detox.



Scabies

What is DE?

DE (Diatomaceous Earth) is a non-toxic, safe substance made up from the crushed fossils of freshwater organisms and marine life. It is used when controlling insects, Mites and springtails. DE is crushed to a fine powder which resemble bits of broken glass. Insects and parasites scratch through the dust, damaging the insects exoskeleton and causing it to dehydrate and die. These particles are deadly to any insect, yet completely harmless to people and animals.

It has been estimated that 1 cubic centimeter of this sediment beds may contain as many as 24,000,000 shells (or 400,000,000 in 1 cubic inch). These beds, called diatoMite or diatomaceous earth, are then mined from underwater sources or from ancient dried lake bottoms.

TARGET PESTS: DE is used to control Scabies Mites, Bed Bugs, Skin Parasites, Lice, ants and just about any pest and insects in or around the home. It remains active as long as it is present.

WHERE TO USE IT: Commonly used on carpets, rugs, window sills, baseboards, on pets, in the home or outside on the lawn or in the flower bed. It won't hurt plants or grass and can be applied by just shaking it out over the infested areas you want to treat.

RATE OF APPLICATION: No specific guideline has been established with this product. However, we have found you can expect to get about 100 sq/ft of area treated well with one lb. of powder for medium to bad infestations. If you are treating a mild amount of activity, expect to get about 200 sq/ft treated per lb. of powder. Water will wash this product away so treatments can be short lived. However, if you have a dry crawl space and treat it with this material, it could last up to 6 months. Outdoors, where it is subject to rain and other water sources, applications could only last a week and rarely last over a month unless it is excessively dry.

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Scabies

Prevent Reinfestation by Cleaning Your Environment Daily

1. In order to prevent reinfestation, it is important to make your environment as inhospitable to Scabies Mites as possible. In order to that, use DE (Diatomaceous Earth) to act as a long-term barrier between you and the Scabies Mites. Apply Food-Grade Diatomaceous Earth on your furniture, in your car, even on your carpets and bedding, to make them deadly to Scabies Mites and other parasites. The non-toxic fossil-shell dust is safe to use around children, pets, and even in the kitchen.
2. Mattresses are the primary reason most people get reinfested. The scabies mites leave your body while you are lying in bed and venture into the mattress and come back up the next night to reinfest you when they sense warmth. Use a Professional Steam Cleaner to immediately get rid of any Scabies Mites and eggs on the seams and tufts of your mattress and box spring. And for long-term Scabies remedies, sprinkle DE over your mattress and place a Mattress Cover over your mattress to trap any Scabies that may have infested it and prevent any future infestations. This is critical to eliminate reinfestation. Wipe the mattress cover with a disinfectant spray EVERY NIGHT before you put Mite free sheets on the bed.
3. All bed clothes (spreads, comforters, sheets, pillow cases, blankets) including pillows should be put into the dryer on high EVERY NIGHT before placing them on your bed. Remember that 140 degree heat eradicates the Scabies mites in 20 to 30 minutes. Remove any down comforters or feather pillows and bag them up for later use, when you're Mite free. Excess bedding should be stored until the Mite and Scabies problem has been eliminated to avoid excessive cleaning.
4. Use a Steam Cleaner to clean the carpets in your home, car seats, office chair and other upholstered furniture.
5. All clothes should be placed in the dryer on High for 20 minutes before wearing them. After laundering them, store your clean, sanitized clothes in large plastic bags during the cleaning process.
6. If you are experiencing Scabies mites on your feet or lower leg sections, it is probably because you are getting infested from your shoes, socks or from your car mats. Use the Professional Steam Cleaner to steam the floor boards and mats in your car and eliminate any Scabies mites or eggs infesting them. Spray Disinfectant spray in your shoes and then use a hot hairdryer in your shoes daily.
7. Never use the same bath towel twice and always throw it in the clothes dryer on high before putting it in the dirty clothes hamper.
8. Vacuum vigorously and often to remove as many Scabies mites as possible and discard the bag each time to prevent them from being blown right back into the air. We suggest using a vacuum with a hepa filter and a crevice tool for maximum cleaning.
9. Scabies Mites can live away from a host from between 24 and 72 hours. Some biting Mites can live up to a month off a host. Therefore, it's important to understand that you can't unbag too soon.

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Scabies

Treating for Scabies is a multi-step process and if not done correctly, you may not be successful at eradicating the Scabies Mite. It's important to understand that the chances of being reinfested or passing the parasites on to a family member is great because Scabies, Collembola and biting Mites can live off the host for a period of time only to re-infest you later. Eradicating parasites from your home, your mattress, your favorite chair, your car, your carpet and your clothes puts you in a position for success. Don't let anyone make you believe that all you have to do is to put the Scabies products on your skin and you are all done.

Eradicating Scabies Mites is much more than applying a product ONCE and expecting it to be over! The fact that Scabies Mite have been around for over 50 million years isn't just a coincidence. Mites' natural way of living on and off the host, makes it very difficult to control them, especially once they have established themselves in your home. It's a lot of work and it begins with your home, your mattress, your clothes, your vehicle, your furniture, and applying products daily until your Scabies mite problem is resolved.



Skin/Complexion

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Skin/Complexion

Special Uses:

-Face Mask and Cleanser:

Mix DE and water together until you have made a paste. Apply to the face with circular scrubbing motion until face is fully covered. Leave on face for approx. 2 min. and then wash off with warm water. Your face will be fully exfoliated and toned for pennies!!!

You can also mix DE with your favorite cleanser and you will have cleaner, smoother skin.



Stimulates Metabolism

Eur J Med Res. 1998 Apr 8;3(4):211-5.

Diatomaceous Earth lowers blood cholesterol concentrations.

Wachter H, Lechleitner M, Artner-Dworzak E, Hausen A, Jarosch E, Widner B, Patsch J, Pfeiffer K, Fuchs D. Institute of Medical Chemistry and Biochemistry, University of Innsbruck, Fritz Pregl Strasse 3, Innsbruck, A-6020, Austria.

Abstract

In this study a potential influence of diatomaceous earth to lower blood cholesterol was investigated. During 12 weeks we monitored serum lipid concentrations in 19 healthy individuals with a history of moderate hypercholesterinemia (9 females, 10 males, aged 35 – 67 years). Individuals administered orally 250 mg diatomaceous earth three-times daily during an 8 weeks observation period. Serum concentrations of cholesterol, high-density lipoprotein cholesterol, low-density lipoprotein cholesterol and triglycerides levels were measured before study entry, every second week during the period of diatomaceous earth intake and 4 weeks after stop of intake. Compared to baseline (285.8 +/- 37.5 mg/dl = 7.40 +/- 0.97 mM) diatomaceous earth intake was associated with a significant reduction of serum cholesterol at any time point, reaching a minimum on week 6 (248.1 mg/dl = 6.43 mM, -13.2% from baseline; $p < 0.001$). Also low-density lipoprotein cholesterol (week 4: $p < 0.05$) and triglycerides levels decreased (week 2: $p < 0.05$, week 4: $p < 0.01$). Four weeks after intake of diatomaceous earth was stopped, serum cholesterol, low-density lipoprotein cholesterol and triglycerides still remained low and also the increase of high-density lipoprotein cholesterol became significant ($p < 0.05$). Diatomaceous earth, a bio product, is capable of reducing blood cholesterol and **positively influencing lipid metabolism in humans**. Placebo-controlled studies will be necessary to confirm our findings.

PMID: 9533930 [PubMed - indexed for MEDLINE]



Strengthens Blood Vessels

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Also, a small amount of Diatomaceous Earth gets absorbed into the blood stream. As these cylinders move through out the body they clean and breakup buildups in the blood vessels and also the destroy bad fats. Everyone that we know that is taking Diatomaceous Earth has lowered their cholesterol by 40-50 points. Everyone is also amazed at how their high blood pressure goes down. As the Diatomaceous Earth eventually dissolve in the blood, the many benefits of the silica content are realized.



Teeth and Gums

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Teeth Cleaner:

Sprinkle a small amount on your favorite brand of toothpaste and brush as you normally would. You will notice that your teeth look and feel "Just went to the Dentist" Clean.



Thyroid Problems

Beyond Miraculous

“I recently found out about diatomaceous earth after a health-conscious friend gave me some to try. I am a 52 year old male with a history of severe allergies, sinus infections, tinnitus and ear fluid, digestive problems and low thyroid function. Once a strapping football player, wrestler and all-around athlete with no health problems, I was transformed into a sickly person after undergoing an extended course of antibiotics for what turned out to be an improperly completed root canal. From the age of 27 on I was plagued by frequent infections, colds, sore throats, “foggy” thinking and maldigestion of food. I had constant diarrhea and bowel problems lasting until very recently. Because of my sports training, I was taught at an early age to never give up, so over the years I have investigated EVERY alternative health solution to these problems – Lugol’s Iodine, probiotics, colloidal silver, olive leaf, oxygen therapies, enzymes, oregano, Pau d’Arco, black walnut, cloves, wormwood. The list goes on and on. I have spent thousands of dollars, literally, in searching for a solution. Two weeks ago I began using Food Grade Diatomaceous Earth and was flabbergasted when I noticed my sinuses clearing within three days. This has never happened before! There has been a noticeable reduction in my tinnitus, my ears have less fluid constantly trickling in them and the chronic bowel problems I was dealing with are actually disappearing. I have also noticed I feel relaxed and much calmer. There are no words to describe what DE is doing for me. It is beyond miraculous. Twenty-five years of nagging health problems that were annoying, psychologically challenging and causing me to lose hope for the future are all falling by the wayside. If this type of resolution to so many issues were to happen to you, how would you explain the liberating feeling of it all? I don’t know how to articulate it. I mix DE in iced tea with stevia, it is delicious. I also add it to yogurt and oatmeal. It actually tastes very good! It adds a nice texture to anything to which I add it. Needless to say, I have ordered a supply of Food Grade Diatomaceous Earth from you.”

Bill

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Tissue Repair

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Varicose Veins

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The silica from diatomaceous earth provides numerous benefits. Most of these benefits come from its role in collagen and elastin formation. Collagen is a protein that gives tissues strength, while elastin gives tissues elasticity. This is why it helps with wrinkles and strengthening the nails. By increasing collagen it gives these tissues strength, and the elastin restores the elasticity that is lost in the skin leading to wrinkles. It also helps with varicose veins and aneurysms for the same reason. Varicose veins and aneurysms result from a loss of collagen and elastin in the veins and arteries causing these blood vessels to balloon out. Along the same line silica helps to prevent arteriosclerosis by both strengthening arteries to prevent damage, and because of silica's anti-inflammatory properties. Emphysema results from a loss of elastin in the alveoli, and so is also helped by silica supplementation.

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Worms and Parasites

Diatomaceous earth and worms are natural enemies and it shreds parasites and their eggs, causing the worm to let go. Old fecal matter and encrustations covering warm nests begin to break loose allowing a natural acceleration of internal cleansing of the body through the bowels. It takes 20 days (gestation period) for a worm to produce the eggs, so is important to take Fossil Shell Flour daily for a minimum of 20 days. If you miss a day, you will have to start over again.

Articles:

[*Parasitic Infections What They are and What Can Be Done About Them*](#) by Garcia Thompson
[*Worms infect more poor Americans than thought*](#) by Maggie Fox

Parasitic Infections What They are and What Can Be Done About Them by Garcia Thompson

In today's society there are many forms of disease, many of which are well documented, researched and acknowledged. However, there is one plague currently infecting over 80% of all Americans (and 85% of people around the world) that receives little or no attention in today's medical society – the one of parasites and parasitic infections. Yes, it is a documented fact that almost every adult in the United States is not only susceptible to, but is also currently hosting some form of internal parasite. Disgusted? Appalled? Disturbed? Sickened? Those words all described how I felt when I first came to read those statistics. You might ask yourself why I would have been reading about this subject (trust me, not something I'd do in my idle time, normally!) However, after a month long bout with debilitating fatigue and chronic gastrointestinal pain, coupled with several unhelpful visits to the doctor, I did a little research into what may be causing my symptoms and creating this discomfort. Here's the information I found, which hopefully may help anyone out there to overcome, eliminate and defeat these silent attackers.



Worms and Parasites

So how do you know if you have a parasite – well, finding out can be difficult, but there are some signs to look for. Although most everyone feels low at some point or another, going to bed early or sleeping in late, this is not something that should be normal (still, for many folks this is a regular routine.) Chronic fatigue is one of the main symptoms of a parasitic visitor in your body – some other symptoms include:

- itchy nose, ears, anus
- men: sexual dysfunction
- forgetfulness
- slow reflexes
- gas and bloating
- unclear thinking
- loss of appetite
- yellowish face
- fast heart beat
- heart pain



Worms and Parasites

- blurry or unclear vision
- pain in the back, thighs, shoulders
- Lethargy
- numb hands
- burning sensation in the stomach
- women: problems with the menstrual cycle
- drooling while sleeping
- damp lips at night
- dry lips during the day
- grinding teeth while asleep
- bed wetting
- constipation and/or diarrhea
- Irritable Bowel Syndrome
- achy joints
- Anemia
- allergies



Worms and Parasites

- skin conditions
- Granulomas
- Nervousness
- sleep disturbances (especially between 2-3 am)
- tooth grinding/clenching
- tooth grinding/clenching

Realize that although you may not feel ill or tired, there may still be parasites within your system. Parasitic infections are masters at hiding while feeding off the human body. So, how can you tell? You can try to take a medical test, but as Dr. Andersen (a leading authority on parasitic infections) has said: ***If you were tested by a doctor for parasites, chances are the results would come back negative. Does this mean you do not have parasites? Unfortunately, medical testing procedures only catch about 20% of the actual cases of parasites. Over a 1,000 species of parasites can live in your body and tests are available for approximately 40 to 50 types. This means, doctors are only testing for about 5% of the parasites and missing 80% of those. This brings the clinically found parasites down to 1%. Now, if I had a 1% chance of winning in the stock market, I don't think I would invest. Only 1% of parasites are ever clinically found.***



Worms and Parasites

I went through a medical test that cost me \$400, was sent to a “top lab” for the detection of parasites, and still was diagnosed as negative (yet after a few cleanses I have been flushing infections, toxins and parasites from my body daily.) So, although there is a chance the lab test will catch the infection, the likelihood is that it won’t. (the major problem is that the parasites must not only be on the “list” the lab looks for, but also must be laying eggs when the samples are taken.)

This leads me to explain about the way parasites reproduce, live and thrive, as well as to give a brief description of the two major types:

Let’s try to understand what a parasite does. A parasite eats, lays eggs and secretes. Ok? Let’s break this down into the three parts: the first is “eats.” Depending on the kind, parasites will eat different things. Many thrive off certain types of food, from dairy to sugar to proteins. These parasites live off the food that goes into your body. Mainly found in the digestive tract, they can also be found in the liver as well as throughout the body. No organ within your body is immune to parasites, in reality. Some parasites actually get their nutrition directly from the cells of the body, and feed off those cells, thus making you sick. They can literally attach themselves anywhere and suck nutrition out of the cells. These parasites are perhaps the most dangerous because they can travel to places in the body where they can do a lot more damage than a parasite living solely in the digestive tract.

Parasites rob you off all your finest nutrients and you get the scraps and leftovers. They grow healthy and fat while your body starves for nutrition. And these visitors can subside and exist in the human body for anywhere in the upwards of 10, 20 or even 30 years.

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Worms and Parasites

To illustrate the longevity of parasites in the human body, consider this example. In 1979 a British study reported on 600 former prisoners from World War II. These men had been stationed in the Far East. Thirty years after the war, 15% were still infected with a parasite called Strongyloides that they had contracted during the war. This means you could have eaten meat 10 years ago that was contaminated, and still be hosting the tapeworms or other types of parasites that were in that meat.

Let's now look at the way parasites reproduce – this is the “lays eggs” part. To start, let's examine the two main types of parasites and then discuss how each reproduces: Large parasites are visible and are primarily worms and small parasites, which are mainly microscopic in size, include what are called protozoa and amoebae.

Which is more dangerous? Despite their almost invisibility, small parasites can be extremely dangerous. Microscopic parasites can destroy calcium lining in your bones, eat the myelin lining off your nerve cells (causing breakdown of the brain-nerve connection) and even inhabit the liver, colon and other areas causing major discomforts and problems. The small parasites reproduce by duplicating themselves in a manner similar to bacteria or viral reproduction.

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Worms and Parasites

Large parasites, which are the worm type, can usually be seen by the naked eye. Sizes can exceed 15 inches long and normally these worms cannot/do not travel past the digestive tract. The smaller organisms, the protozoa and amoebas, tend to act like a bacteria by traveling through the blood stream to virtually any part of the body. They reproduce without laying eggs and behave more like an infection in the body than do the larger parasites. The larger parasites are worms which reproduce by laying eggs. Eggs are left in the intestinal tract, where they cling to the intestinal walls among the feces, and when they hatch, the young feed on the food that we eat and eventually grow into adults. The adults then repeat the process.

The third thing that parasites do is secrete toxins. Simply put, the secretions from parasites in our bodies are poisons and toxins that our bodies are forced to deal with by increasing the process of detoxification. Anyone who has experienced food poisoning or dysentery will tell you how debilitating these toxins can be. These are intense and very high levels of toxins being released into the body at once. On the other end, a chronic parasitic infection that secretes low levels of toxins can eventually create an extremely stressed immune system. When the immune system is stressed over a long period of time, it weakens. When the immune system “goes off line,” our bodies become susceptible to infections of other kinds. This can be extremely dangerous in this day and age because we are more exposed to more viruses than ever before. Also, the viruses are changing and adapting at a very fast rate as are the bacteria, many of which are now resistant to antibiotics and other artificial measures that are used to combat them.



Worms and Parasites

In addition, the antibiotics of today as well as any other drug of tomorrow can have a slightly different than intended effect...again, I will let Dr. Andersen explain:

Once you have established that you do have parasites, taking drugs to get rid of them may not always work. This is because a drug will often drive a parasite from one organ of the body to another. It's like people moving to better climates to make their living conditions more pleasant, or birds flying south for the winter.

So, if we aren't able to combat the rising number of parasitic infections with conventional medicine, it is even more important to understand just how we can go about that process. First, let's look at what parasites do and how we sometimes unknowingly "help" them. Parasites tend to secrete toxins as they live within the human body, which, when coupled with other toxins (like alcohol, cigarettes, junk food, polluted air, etc.) can lead to what is termed by many doctors as "toxic overload." Toxic overload comes about when the four primary cleaning systems of the body have been pushed too far by an overload of toxins in the body.



Worms and Parasites

Within the four cleaning systems, the lungs, kidneys, skin and bowels, there are many types of overload that can occur. As an example, toxins will travel from one system to another as the current system gets overloaded. In toxic bowel syndrome, the excess of toxins in the bowels pass onto the liver and the liver becomes over clogged and the toxins begin to spill into the bloodstream. This can take a long time or can occur very quickly, depending on how the body and its immune system handles the overload. Parasites have an ability to cause a complete system breakdown, making them one of the most dangerous epidemics facing medicine today.

For the time being, the news isn't going to get much better, I'm afraid. Not only do 80-85% of all American adults have some form of parasite, not only are they hard to diagnose, not only can they cause serious damage internally (and often silently for a long period of time) they also come in many forms. From here, you can read about the different types of parasites, or you can skip to "How Do We Get Parasites?"

Here are a few of the different types of parasitic worms the body can acquire and be plagued by – for more complete and in depth analysis of the types of worms found within the human body (complete with pictures,). The following section is taken from the article "Are you Clear of Parasites?" By Dr. Andersen, wherein he cites "The Essentials of Medical Parasitology," by Dr. Thomas J. Brooks.

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Worms and Parasites

Tapeworms:

The fish tapeworm is the largest of the human tapeworms, reaching the length of 33 feet or more. There can be 3,000 to 4,000 segments in one worm. It can produce more than 1,000,000 eggs a day. This type of infestation can cause anemia because of interference with vitamin B12, says Dr.. Brooks in his book. Also, the weight challenges of some people can be directly attributed to tapeworms. This is especially true of weight loss programs that don't work. The person may be hosting a tapeworm which is eating all the food and making the person constantly hungry. Tapeworms can also cause water retention. Besides tapeworms from beet, pork and fish, there is also a type of dog tapeworm you can get when dogs lick your face or hands.

Pinworms:

Pinworms are very infectious and can cause a lot of itchiness in the anal area. "The worms deposit their eggs mostly at night, contaminating pajamas and bed linen," writes Dr.. Brooks. "The eggs are readily transported through the air, and it is not uncommon to find them in every room of the house....Complications are much more common in women than in men" . Pinworms can also be found in the vulva, uterus and fallopian tubes because the female worm loses her way while trying to return to the anus after depositing her eggs.

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Worms and Parasites

Roundworms:

Another type of roundworm that can be present in humans is whipworms. These insidious creatures actually inject a digestive fluid which converts the colon tissue into liquid which the worms suck up. Dr. Norman Stoll, a former worm expert at the Rockefeller Institute for Medical Research, estimated that the roundworm infects about 644 million people in the world. This was in the 1940s and there are no doubt a lot more people infected with roundworm now! Dr. Brooks believes nutritional deficiencies are seen in heavy roundworm infections.

Hookworms:

Hookworms bite and suck on the intestinal wall, which can cause bleeding and necrosis (death of the tissue). In severe infections, iron deficiency becomes a therapeutic problem because of all the iron that is lost to the hookworm. Dr. Brooks says that, "hemoglobin levels as low as 15% of normal have been seen in patients with severe, long-standing hookworm disease. One species of hookworm in America is called "Necator Americanus," which means, "American Murderer."



Worms and Parasites

Again, these are just a few types of parasites found within the human body, the list is much more extensive, but these are the most common. So, now we know what parasites do, how they reproduce, what damage they can cause and some of the types we can be infected with. So, that leaves the thoughts – “how do we catch parasites?” and “how do I get rid of these invaders?” First, let’s go over how we catch parasites, and then we can more fully and knowledgeably discuss how to get rid of them.

How Do We Get Parasites?

Parasites can get into your system in many ways, some of them seemingly innocuous enough on their own. Anything from shaking hands to sharing somebody else’s soda can – from kissing (even on the cheek) to intimate sexual contact and believe it or not, you can even pick up parasites by inhaling dust which contains the dried form of these organisms. You can get parasites from a variety of foods, especially undercooked red meats (and yes, I consider pork to be a “red” meat.) You can get parasites from many strains of water (giardia being the most common form of water borne parasitic infection.) You can even get parasites from unwashed or mishandled lettuce and other vegetables. No one is immune to the scourge of parasites. So, I think you’ll agree, parasites are actually fairly easy to “catch.”

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Worms and Parasites

The really discouraging thing about parasites is that they can not only be hard to get rid of, but also that you can easily be re-infected. Married couples tend to have them together; and when one person is treated for the parasitic infection, they are often re-infected by their spouse. It is extremely important that both be treated at the same time, and in many cases, the children should be treated along with their parents. Not only that, but it is important to be sure to stay on whatever cleansing program you take for at least the recommended time period and to NOT miss a single dosage. Parasites live because they are tenacious and stealthy - in order to knock them out, we have to be vigilant and perseverant.

So, how do you go about getting rid of parasites? Let's take a look at that process - the best solution we have found is adding **Perma-Guard Fossil Shell Flour** to the diet.

Perma-Guard Fossil Shell Flour is pure food grade Diatomaceous Earth from a fresh water source and milled to our specifications. The diatomaceous earth acts as a sort of scrub down of both the large and small intestine, down through the colon. The tiny crystals of ground fossil shells tumble down your GI tract and shred the eggs and existing worms that have taken up residence in your body. Therefore, when you are on **Perma-Guard Fossil Shell Flour**, you will rarely see worms exiting your body, however, you will feel an improvement after 30-90 days on this system flush. After the "flush" I use 1 teaspoon of **Perma-Guard Fossil Shell Flour** daily for maintenance.

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Worms and Parasites

My recommendation is that everyone should use Perma-Guard Fossil Shell Flour 90-day parasite cleanse. I often hear the common statement, "I am healthy. I don't have parasites". One lady claimed this and I replied, "Everyone has some form of parasites which they may not be aware of. Therefore, if you want to reach the next level of vibrant health, get rid of the parasites". I challenged her and she decided to try the product. After only two days on the product, she noticed a poking sensation in her lower abdomen and felt a wiggling sensation in one of her legs. The next day she passed an 8 inch worm and since then, has passed many different sizes and types of parasites. Remember, most parasites are not noticeable to the human eye. To overcome this major challenge in our society today it is vital that parasites be openly discussed. Given what I know now about Perma-Guard FSF, I am confident that it works and is a safe solution.

I highly recommend this 100% natural, organic food. This product produces results! I personally believe this is one of the greatest contribution to health in the world today.

The Perma-Guard Fossil Shell Flour parasite cleanse is a 90-day program with a recommended usage of once or twice annually. Everyone needs this product, whether you have symptoms, or are asymptomatic (meaning you have parasites but no symptoms). My recommendation is, you need this cleansing process to reach your optimum health potential. This product can even be used on your pets! (They sleep and play with your children).



Worms and Parasites

Worms infect more poor Americans than thought

By Maggie Fox, Health and Science Editor WASHINGTON | Tue Dec 25, 2007 8:13pm EST

WASHINGTON (Reuters) – Roundworms may infect close to a quarter of inner city black children, tapeworms are the leading cause of seizures among U.S. Hispanics and other parasitic diseases associated with poor countries are also affecting Americans, a U.S. expert said on Tuesday.

Recent studies show many of the poorest Americans living in the United States carry some of the same parasitic infections that affect the poor in Africa, Asia, and Latin America, said Dr. Peter Hotez, a tropical disease expert at George Washington University and editor-in-chief of the Public Library of Science journal PLoS Neglected Tropical Diseases.

Writing in the journal, Hotez said these parasitic infections had been ignored by most health experts in the United States.

“I feel strongly that this is such an important health issue and yet because it only affects the poor it has been ignored,” Hotez said via e-mail.

He said the United States spent hundreds of millions of dollars to defend against bio-terrorism threats like anthrax or smallpox or avian flu, which were more a theoretical concern than a real threat at present.

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Worms and Parasites

“And yet we have a devastating parasitic disease burden among the American poor, right under our nose,” Hotez said.

He noted a recent study by the Centers for Disease Control and Prevention, presented in November, found that almost 14 percent of the U.S. population is infected with *Toxocara* roundworms, which dogs and cats can pass to people.

“Urban playgrounds in the United States have recently been shown to be a particularly rich source of *Toxocara* eggs and inner-city children are at high risk of acquiring the infection,” Hotez wrote, adding that this might be partly behind the rise in asthma cases in the country. Up to 23 percent of urban black children may be infected, he said.

“Because of its possible links to asthma, it would be important to determine whether covert toxocariasis is a basis for the rise of asthma among inner-city children in the northeastern United States,” he added.

“Cysticercosis is another very serious parasitic worm infection ... caused by the tapeworm *Taenia solium*, that results in seizures and other neurological manifestations,” Hotez wrote.



Worms and Parasites

He said up to 2,000 new cases of neurological disease caused by tapeworms are diagnosed every year in the United States. More than 2 percent of adult Latinos may be infected, and with 35 million Hispanics in the United States, this could add up to tens of thousands of cases, Hotez said.

“In the hospitals of Los Angeles, California, neurocysticercosis currently accounts for 10 percent of all seizures presenting to some emergency departments,” he wrote.

“We need to begin erasing these horrific health disparities,” Hotez wrote in the paper, available online at www.plosntds.org/article/info:doi/10.1371/journal.pntd.0000149.



Pets & Animals

- [Cats & Kittens](#)
- [Cattle, Dairy Cows, Hogs & Horses](#)
- [Dogs & Puppies](#)
- [Fowl & Poultry](#)
- [Goats & Sheep](#)



Cats & Kittens

Our best friends come in all shapes and sizes. Protect them with Diatomaceous Earth. When lightly rubbed into their coats it is very effective against fleas, ticks, lice, and other pests on pet dogs, cats, and their premises. It can also be used as an organic wormer and will kill any worms or parasites the pets may have. When using as a de-wormer mix the Diatomaceous Earth into your pets food. Mix well into kibble and wet food.

Kittens – 1/2 teaspoon

Cats – 1 teaspoon

Reduces moisture and pests in litter boxes

Use Diatomaceous Earth to kill fleas. You can dust your cat, their bedding, and your home to eliminate fleas on a permanent basis naturally.

[Diatomaceous Earth – Technology Spotlight: An in depth article on how diatomaceous earth kills insects](#)



[A letter from International Agricultural Laboratories describing the positive effects of some elements in diatomaceous earth on animals](#)

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Cattle, Dairy Cows, Hogs & Horses

All livestock, Horses, Cows, Pigs, Sheep, Goats, Rabbits, Chickens and others will benefit from the use of Diatomaceous Earth. It is completely safe and nontoxic. Some of the benefits are; Control of fleas and ticks, stimulates basic metabolism, converts feed better, reduces odor and moisture in barns and stalls, results in better coat and hoof condition, keeps fly larvae from developing in manure, noticeably reducing the fly population, reduces annual vet bills, controls worms and internal parasites without chemicals, better egg production, stronger eggs, and reduces overall animal stress. Diatomaceous Earth can be mixed right in with the animals feed.

- Cattle, Dairy Cows, & Hogs – 2% of dry feed ration
Horses – 1/2 to 1 cup in daily ration
- Reduces overall animal stress
- Helps stop feces, dirt, and rock eating
- Reduces manure odor
- Better feed conversion
- Reduces moisture and pests in barns

[A letter from International Agricultural Laboratories describing the positive effects of some elements in diatomaceous earth on animals](#)





Cattle, Dairy Cows, Hogs & Horses

- Article:
[*A Natural Approach to Equine Parasite Control*](#) by Lisa Ross-Williams
- Fly Control:
Used daily, DE helps eliminate the fly population. Sprinkle DE on livestock when flies are present. Dust barns, coops, after mucking, and dust top of manure/compost piles. When you feed it daily to all dogs, cats, fowl, and livestock it comes out in the manure of each animal and prevents flies from growing in the manures.
- Farmers hang burlap bags full of diatomaceous earth for the cattle to rub against and keep themselves dusted, which eliminates flies, mites, and other pests that land on them.

[Diatomaceous Earth –
Technology Spotlight:
An in depth article on
how diatomaceous
earth kills insects](#)





Cattle, Dairy Cows, Hogs & Horses

- *“Results of feeding 5 ounces of D.E. to show horses for a period of one year. Healthier looking animals with a definite sheen to their coat, absence of internal parasites, better feed conversion, reductions in manure odor, fly control, cured scours in cases where other medications had failed and improved appetites in picky-eaters”*
-Four Winds Stables, Robert D. Horkman, Orlando Florida.
- *“I take pride in the appearance and health of the horses under my care, which have won many national awards against stiff competition... I am grateful to have found Fossil Shell Flour ... It stopped scours, noticeably reduced flies, increased appetites, better feed conversion, eliminated internal parasites and created a healthier appearance. I would definitely recommend this product to other horsemen”*
- Leslie “Shorty” Thomas, L. Frank Roper Stables, Winter Park, FL.
- *“Feeding Diatomaceous Earth to my show and race horses, stallions, mares, foals and horses in training, we have seen improvements in their hair coat and their attitude. Flies and parasites are less of a problem”.*
- Capital South Syndicate by Dan Miller, manager
- *“After feeding 100 dairy cows on diatomaceous earth for approximately one year, the following results were noted: warbles became non-existent; odors were almost completely gone; cows have better hair and coat condition and have no desire to lick soil as in the past; vet bills have been significantly reduced; butterfat content has risen from 503 lbs.. per cow to 513 lbs.. per cow”.*
- J. S. Bunker, Bunker Farms, Mesa, Arizona



Dogs & Puppies

FOOD-GRADE DIATOMACEOUS EARTH TO DOGS

O.C. Collins, DVM, Midland Animal Clinic and Hospital, Midland, Texas

“In clinical observations of feeding dogs over 35 lbs.. 1 tablespoon/day, and dogs under 35 lbs.. 1 teaspoon/day, of diatomaceous earth, within seven days all ova disappeared from stools. Diatomaceous Earth controlled Ascarids (*Toxocana*), Hookworms (*Ancliyostoma caninum*), and Whipworms (*Trichuris vulpis*).”

[Diatomaceous Earth – Technology Spotlight: An in depth article on how diatomaceous earth kills insects](#)



[A letter from International Agricultural Laboratories describing the positive effects of some elements in diatomaceous earth on animals](#)

International
Laboratories, Inc.
Midland, Texas

Dear Sirs:

Thank you for your inquiry regarding the use of diatomaceous earth as a natural insecticide. Diatomaceous earth is a natural, non-toxic, and effective insecticide that kills insects by dehydrating them. It is safe for use on animals and humans.

Best regards,
International Laboratories, Inc.

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Fowl & Poultry

All livestock, Horses, Cows, Pigs, Sheep, Goats, Rabbits, Chickens and others will benefit from the use of Diatomaceous Earth. It is completely safe and nontoxic. Some of the benefits are; Control of fleas and ticks, stimulates basic metabolism, converts feed better, reduces odor and moisture in barns and stalls, results in better coat and hoof condition, keeps fly larvae from developing in manure, noticeably reducing the fly population, reduces annual vet bills, controls worms and internal parasites without chemicals, better egg production, stronger eggs, and reduces overall animal stress. Diatomaceous Earth can be mixed right in with the animals feed

Use at Food Grade Diatomaceous Earth at 5% in feed for fowl/poultry.

Food grade diatomaceous earth is excellent in the fowl coops. Use on the ground, in nesting/dusting boxes to prevent lice and mites. Sprinkle directly on fowl feathers to eliminate mites and lice. One thorough application of diatomaceous earth has their feathers growing back immediately.

Fly Control:

Used daily, DE helps eliminate the fly population. Sprinkle DE on livestock when flies are present. Dust barns, coops, after mucking, and dust top of manure/compost piles. When you feed it daily to all dogs, cats, fowl, and livestock it comes out in the manure of each animal and prevents flies from growing in the manures.

- Reduces overall animal stress
- Reduces moisture and pests in coops
- Reduces manure odor
- Helps stop feces, dirt, and rock eating

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Fowl & Poultry

RESULTS OF THE USE OF CODEX FOOD-GRADE DIATOMACEOUS EARTH WITH POULTRY, C.S. Mangen, D.V.M., San Diego, California.

“Using two groups of birds with each group consisting of 8,000 white leghorn caged layers in their pullet year, which had been producing for five months. The test group was given 60 lbs.. of diatomaceous earth per 1 ½ tons of standard mixed feed (17% protein) for 2 ½ months. The following results were observed:

1. There appeared to be fewer flies around test group.
2. Droppings were of a drier consistency, making for easier cleaning of the houses.
3. Seventy-five percent less deaths in the test group.
4. A two to four case-per-day increase in egg production by the test group compared to the controlled group.

[A letter from International Agricultural Laboratories describing the positive effects of some elements in diatomaceous earth on animals](#)





Goats & Sheep

All livestock, Horses, Cows, Pigs, Sheep, Goats, Rabbits, Chickens and others will benefit from the use of Diatomaceous Earth. It is completely safe and nontoxic. Some of the benefits are; Control of fleas and ticks, stimulates basic metabolism, converts feed better, reduces odor and moisture in barns and stalls, results in better coat and hoof condition, keeps fly larvae from developing in manure, noticeably reducing the fly population, reduces annual vet bills, controls worms and internal parasites without chemicals, better egg production, stronger eggs, and reduces overall animal stress. Diatomaceous Earth can be mixed right in with the animals feed.

- Goats & Sheep – **2% in grain**
- Reduces overall animal stress
- Helps stop feces, dirt, and rock eating
- Reduces manure odor
- Better feed conversion
- Reduces moisture and pests in barns
- Decreased mortality



Goats & Sheep

Fly Control:

Used daily, DE helps eliminate the fly population. Sprinkle DE on livestock when flies are present. Dust barns, coops, after mucking, and dust top of manure/compost piles. When you feed it daily to all dogs, cats, fowl, and livestock it comes out in the manure of each animal and prevents flies from growing in the manures.

[A letter from International Agricultural Laboratories describing the positive effects of some elements in diatomaceous earth on animals](#)

International
Agricultural
Laboratories, Inc.
P.O. Box 1000, 1000
New York, N.Y. 10000

Product Name:
Diatomaceous Earth (DE)
Description: This product is a natural, non-toxic, and non-flammable substance that is used for fly control on livestock. It is made from the fossilized remains of diatoms, which are microscopic plants that lived millions of years ago. The product is composed of sharp, microscopic particles that pierce the exoskeletons of flies, causing them to dehydrate and die. It is safe for use on all types of livestock, including horses, cattle, sheep, and goats.

Directions:
1. Sprinkle DE on the animals' backs, necks, and heads.
2. Dust the animals' bedding and manure piles.
3. Repeat the application every 7-10 days.

Warnings:
Do not inhale the dust.
Do not use on birds or fish.

Net Weight: 5 lbs.
Net Weight: 10 lbs.
Net Weight: 25 lbs.

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Goats & Sheep

IS THERE ANY EFFECT BY DIETARY DIATOMACEOUS EARTH IN THE CONTROL OF GASTROINTESTINAL NEMATODES?

L: NUTI¹, B. JOHNSON¹, D. MCWHINNEY¹, N. ELSAYED², J. THOMPSON², T. CRAIG*² ¹INTERNATIONAL DAIRY GOAT CENTER, PRAIRIE VIEW A&M UNIVERSITY, PRAIRIE VIEW, TX ²COLLEGE OF VETERINARY MEDICINE, TEXAS A&M UNIVERSITY, COLLEGE STATION, TX, USA

A pasture trial was run using 79 pregnant/lactating goats of four different breeds. The pastures had been grazed by the combined flock prior to the beginning of the trial and all of the does were treated with oral Ivermectin at a dose averaging 0.4 mg/kg during the preparturient phase of gestation. The does were blocked by breed and randomly assigned to one of four treatment groups. The treatment group was then confined to a single pasture for the duration of the trial. The 16 week trial began during the first week of March 1999. The does had begun kidding in early February and continued until mid April. All does produced one or more kids. All goats were fed 1.36 kg/head/day of a 12% protein concentrate in addition to access to the pasture. The feed was placed in three troughs/pasture. The treatment groups were 1) no treatment, 2) 0.4 mg/kg oral Ivermectin at weeks 1, 4 and 7, 3) 0.4 mg/kg oral Ivermectin at week 1, plus diatomaceous earths (DE) (Agrisafe Corp) in the concentrate, and 4) DE in concentrate. Weekly fecal examinations and hematocrits were taken from each doe. If an individual doe's packed red cell value (pcv) fell to less than 20, or the McMaster egg count was greater than 4,000 stronglyloid eggs per gram (EPG) the doe was treated with 0.4 mg/kg Ivermectin the following week and was considered to be a non-survivor. No differences were detected among the treatment groups based on egg counts or packed cell volumes. However, the estimated survival of individuals (maintained PCV > 20 or EPG < 4000) in any of the treatment groups (2, 3 and 4) was statistically greater than for the control group. After the initial few weeks of the trial, it became obvious that Ivermectin was only marginally effective in lowering nematode egg counts. Haemonchus was the only genus seen by copro culture. The survival rate on the Boer goats was higher than other breeds across treatments. Feeding DE at 2.5% of the concentrate ration was equal to a marginally effective anthelmintic in controlling parasitic disease.

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Insect Control

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- [Outdoor Bugs](#)
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Ants

A permanent, organic solution to killing all types of ants!

Nature's Wisdom Food Grade Diatomaceous Earth (DE) is the fossilized residue of diatoms, which are tiny prehistoric sea creatures. Layers of diatoms accumulated over millions of years at the bottom of shallow seas. When the seas retreated, the diatom remains were left in stratified layers which can be mined. Multiple grades of DE exist, but the most valuable and useful is food grade DE. DE is harmless to mammals and birds because of their cellular and skeletal structures. Another critically important feature is that DE does not contaminate surface or ground water. Insects on the other hand are not built like higher forms of life. They do not have blood vessels, only a body cavity that holds fluid. If they lose as much as 10% of fluids, they die. DE helps them lose that vital 10% or more. Most insects have a "waxy" coating on the outside of their shell. The small DE particles puncture through the wax coating, causing the insect to dehydrate and die. This is all physical, NO CHEMICAL.

[Diatomaceous Earth –
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Bed Bugs

Forget using chemical products to treat your bed bug problem; instead use diatomaceous earth to eliminate these horrible blood sucking creatures. You need to be certain that the diatomaceous earth you are purchasing is food grade. There are products made specifically for swimming pools containing diatomaceous earth that are not safe if consumed by humans or animals, so be certain the DE you are buying or the product you are purchasing contains food grade diatomaceous earth.

What is diatomaceous earth and how will it destroy bed bugs? Diatomaceous earth is a powder that is derived from the fossilized remains of diatoms. DE will not harm us if we touch it but if a bed bug walks through it the results are fatal. DE slashes through the exoskeleton of the bed bugs as they travel through it on there nightly visits to your bed. Diatomaceous earth not only cuts up their exoskeleton but dissolves a bed bug's waxy top layer. After a bed bug gets a taste of diatomaceous earth, they will dehydrate and succumb to their death.

Bed bugs do not have wings. This means that bed bugs have to crawl up your bed to get to you. Move your bed away from any walls and don't let your covers touch the floor. Shake diatomaceous earth around each of the legs of your bed frame. It is also advised that you sprinkle it on your mattresses and box springs, particularly in the seams. Diatomaceous earth can also be sprinkled all over your carpets just as you would baking powder. De can be dusted on furniture as well. If you have pets, diatomaceous earth can be rubbed into their fur either in the form of a powder or blended with water and sprayed on. When the solution dries it will do the same job as the powder-like diatomaceous earth. If you have asthma or are just sensitive to dust-like particles you can wear a face mask.

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Bed Bugs

After you let the diatomaceous earth settle and work it's magic on bed bugs, vacuum it up (along with the dead bed bugs) and properly dispose of the bag. Diatomaceous earth physically kills bed bugs, not chemically. This means that bed bugs can't develop immunities to it over time. So, bed bugs of New York City, "Beware!"

Diatomaceous earth can also be used outside to keep other troublesome insects from coming into your home. DE kills fleas, lice, ants, and roaches, just to name a few. If you are experiencing a bed bug problem, diatomaceous earth will help you get your life back by taking the lives of bed bugs.

By: Bradley Skierkowski

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Crop Insecticide

Diatomaceous Earth (DE) can be used as a crop insecticide. We do have 50 lb.. bags as well as super sacs and we offer the best pricing available on the internet!

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Fleas & Ticks

Flea

(Siphonaptera) – small, wingless bloodsucking insects, parasitic upon mammals and birds and noted for their ability to leap.



Tick

(Ixodoidea) – any of two families of small parasitic arachnids with barbed proboscis; feed on blood of warm-blooded animals





Fleas & Ticks

What you really need to know...

- Fleas & Ticks come from pets.
- You need to Control the fleas & Ticks.
- Pets need Natural control.

Traditional dog and cat flea and tick treatments are harmful to our pets and us. Some vets recommend these chemical topical flea and tick treatments and repellent collars. These out dated flea and tick treatments have the potential to kill pets and cause harm to humans.

Nature's Wisdom Food grade diatomaceous earth is OMRI (Organic Material Review Institute) listed, chemical free, and simply dehydrates fleas and ticks that come in contact with it within 72 hours. Food grade diatomaceous earth can be applied in your home carpeting, on dogs, cats, and other animals, applied in their bedding, and in all dry outdoor areas that fleas appear. If your pet currently has fleas, it is essential to feed food grade diatomaceous earth daily to address the tapeworms your dog, cat, or other pet may have from eating fleas.

Traditional flea and tick poisons are toxic to us and our pets. Chemical pesticides are designed to kill bugs and weeds, so putting flea and tick poisons in or on your beloved furry dog or cat's body is complete insanity. These toxic flea preventative treatments do NOT make your dog or cat smell bad, so the fleas and ticks do not want to hitch hike on your pets, they poison your pet's body – skin, blood, brain, kidneys, liver, lymphatic system, and then when the flea or tick bites them, it kills them. Some people get rashes and have allergic reactions to petting dogs or cats who have been treated with these topical flea treatments.

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Fleas & Ticks

Article: [Are “Spot-On” Flea Killers Safe?](#)

To make flea and tick treatment successful, it is imperative that everything is treated all at the same time, the dog, cat, or other pet; the yard; the bedding; the household, if the animal is an indoor pet. If you are diligent in treatment with the diatomaceous earth and the beneficial nematodes in the yard or acreage, you can expect a flea and/or tick infestation to be eliminated within 3 weeks. NOTE: Beneficial/parasitic nematodes parasitize flea larvae, tick eggs, fly larvae, termites, grubs, and a huge array of soil dwelling pests, BUT once their food supply is gone, they die and therefore may need reapplication in the warmer months – possibly twice during the flea and tick season. The reason everything must be treated at once is because only 5 to 15% of the flea and/or tick infestation that you see are the adult fleas and ticks. The remaining 85 to 95% of your flea and tick infestation are the flea larvae and tick eggs that have not yet hatched!

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Fleas & Ticks

Start the Fight Against Fleas & Ticks

What you can do right now:

Using dehumidifiers with air conditioning and vacuuming all may interrupt the flea & tick life cycle. Humidity is critical to flea & tick survival. Eggs need relative humidity of at least 70-75 percent to hatch, and larvae need at least 50 percent humidity to survive. In humid areas, about 20 percent of the eggs survive to adulthood; in arid areas, less than five percent complete the cycle. Fleas thrive at higher temperatures, but need 70° to 90°F to survive. Lower temperatures slow down or completely interrupt the flea lifecycle.

Vacuum, Vacuum, Vacuum!!!

So hard to kill...

Their tough bodies are able to withstand great pressure, likely an adaptation to survive scratching among other things. Even hard squeezing between the fingers is normally insufficient to kill the fleas or ticks; it may be necessary to capture them with adhesive tape, crush them between the fingernails, roll them between the fingers, or put them in a fire safe area and burn them with match or lighter. They can also be drowned.

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Fleas & Ticks

Now Finish the Fight Against Fleas & Ticks

Apply Diatomaceous Earth everywhere! It can be evenly distributed around the house (especially in corners and near furniture) with any type of shaker (salt shaker, spice shaker, etc..) and then vacuumed away after about 7 days. Just pretty much dust everything including your pet and their bedding. You can leave the powder in inconspicuous places and it will remain effective forever. Diatomaceous earth also has the added benefit of killing many other types of insects that might be residing in your house. Depending on the bug, they will die of dehydration within 2-72 hours of contact.



Grain Storage

Using Diatomaceous Earth in Grain:

- Easy and safe to use, our products do not have to be removed before use. In fact, food-grade DE contains 14 trace minerals which, when incorporated into bread, yield no change in flavor or texture.
- Controls insects in wheat, rice, sorghum, oats, rye, barley, corn and seeds of all kinds.
- Controls rice weevils, lesser grain bobbers, flat grain beetles, red flour beetles, confused flour beetles, merchant grain beetles, saw-toothed grain beetles, granary weevils, larvae of the Indian meal moth, etc..
- For commercial use, it is recommended that 7 – 10 lbs.. of DE be used per 2000 lbs.. of grain, but we find that many people are using less successfully.
- For practical purposes, 1 lb.. of PERMA-GUARD DE will protect 300 lbs.. of grain or seeds. That means that 1 oz. will protect 18 lbs.. of grain.
- For more convenience for most uses, 1 lb.. has 6 c. of DE. 1 c. will protect 50 lbs.. of grain or seeds



Grain Storage

Articles:

- [Heat Plus Diatomaceous Earth Treatment For Stored Product Insect Management](#)
- [Stored Grain Pest Management](#)

[Diatomaceous Earth –
Technology Spotlight:
An in depth article on
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earth kills insects](#)



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Household Bugs

While other insecticide poisons kill chemically as neurotoxins, the insect pests (over time) develop a resistance or an immunity to the chemicals, food-grade DE kills bugs physically and insects have not been known to develop immunity to its physical action. Food-grade DE is certain death to insects because it kills by actually puncturing the insect's exoskeleton, disrupting its soft waxy shell structure, chewing up its digestive organs and causing death in a short time by dehydration. Add a little powdered sugar to attract pest to the DE.

Some of the ways insects are destroyed by DE:

1. Laceration of the chitin in the bellows of the joint.
2. Severance of the muscles of the tracheal valve.
3. Perforation of the walls of the trachea and tracheoles.
4. Mandibular damage by abrasion.
5. Esophageal laceration.
6. Peritonitis due to perforations in the walls of the digestive system.
7. Severance of the constrictive muscles of the malpighian system.
8. Absorption of the wax, allowing dehydration.
9. Starvation of the larvae.
10. Plugs the spiracles.



Household Bugs

The DE particle scrapes punctures into the body of the insect causing a loss of fluid. An insects do not have blood vessels as do higher forms of life. They have a shell that is semi-porous—more or less like unglazed porcelain. In order to keep their body fluids from evaporation through their shells, nature also puts a waxy coating on the outside. If you were to take a brand new shoe shine and put Nature’s Wisdom Diatomaceous Earth on one shoe and leave it for 20 minutes and blow it off, you would have no shine. The DE would have absorbed the wax. You have much the same situation with insects. Once the protective coating is gone, the insects slowly dehydrate. National Geographic tells about cockroaches that died in 12 hours after exposure. DE also stops up the breathing apparatus of insects. They ingest it and it lacerates them inside, and yet this same material, if we inhale it, really doesn’t damage a person all that much.

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Outdoor Bugs

Outdoor Bugs Effected by Diatomaceous Earth:

Ants, fire ants, caterpillars, cut worms, army worms, fleas, ticks, bed bugs, cockroaches, snails, spiders, termites, scorpions, silver fish, lice, mites, flies, centipedes, earwigs, slugs, aphids, Japanese beetles (grub stage), bed bugs, fruit flies, corn earworm, cucumber beetles, corn borer, sting bugs, squash vine borers, thrips, loopers, etc..

For dry application of Diatomaceous Earth use a duster and cover entire plant, apply to both top and bottom of leaf. For young plants, as little as two pounds per acre may be adequate. For larger plants, five lbs. per acre is probably sufficient. Diatomaceous Earth will need reapplication after a rain. Applies best when there is dew or after a light rain. It is a long lasting, effective powder. The insects can not build up resistance.

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Roaches

Nature's Wisdom Diatomaceous Earth is a great approach to non-toxic roach control. Some people see a roach and immediately grab a can of "bug spray". But, a quick spray from an aerosol can won't result in long term control. Ingredients in most aerosol and "bomb" treatments repel roaches. After aerosols are sprayed, roaches avoid those sprayed areas. Using these products can cause the roaches to hide deeper inside walls and be more difficult to control later.

Diatomaceous earth damages the waxy coating of the roach's body, causing it to shrivel and die. Apply dusts in very thin layers underneath appliances and inside void areas (such as wall voids and voids around cabinets).

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Other Uses

- [Metal Cleaner](#)



Metal Cleaner

Make a paste with DE and water to make a metal polish. DE also makes a very inexpensive soft scrub for the shower, sink and faucets.



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